



Sunday Cycle Lead Rota 2017

		September				October					November				December					January				February							
		3	10	17	24	1	8	15	22	29	5	12	19	26	3	10	17	24	31	7	14	21	28	4	11	18	25				
Paul	Boast																														
Sarah	Clark																														
Martin	Covey																														
Jonny	Fitton																														
Alex	Heron																														
James	Hooley																														
Jonathan	Hydon																														
Anna	Jaques																														
Sarah	Langford																														
Richard	Mason																														
Colin	McLean																														
Alex	Mead																														
Steve	Sheppard																														
Warren	Simms																														
Matthew	Wagstaffe																														

 Fast Ride (40-60 mls)	 Intermediate Ride (30-50 mls)
---	---